

# Substance Women Leaders Gathering

## 3/21/2017

### Scripture References

Revelations 12:10-11a; Psalm 16: 2, 5-8; I Thessalonians 5:18; James 1:2-4; Romans 8:28; Philippians 2:13; Joshua 6; II Chronicles 20

### March Homework- Writing out your story

*The point of these exercises isn't to be legalistic with dates / times and to be a published blog or novel. The point is for you to reflect on your story and journey and what God has done in your life, so that you can share "the word of your testimony" with others and help them overcome!*

1. Chart Your Life: Thinking back as far as you can, draw a line graph to represent your life. Consider the high points, the low points, moments of inspiration, moments of despair, leveling off times and where you are now. The line will probably be a mixture of straight, slanted, jagged and curved lines. After you've drawn it, this is something you can use to share with people your story...

2. Write out parts of your spiritual journey

(it can be in any format that works for you... full sentences... bullet points...)

A. Before Jesus: list words or phrases that described your life before you knew Jesus. Be willing to share the struggles of your life and how you've experienced Jesus' reset in your life. What did you need to change.

B. HOW: how did Jesus come into your life? What was the moment or moments that God used to change you?

C. After Jesus: what is different about your life now that you know Jesus? Use words or phrases to describe how Jesus has changed you.

-share stories of how God has continued to reveal Himself to you

- what are some of the highs and lows of your life journey? What events have significantly shaped you as a person? (see line graph)

-what was your view of God as a child? Teenager? College student? Adult?

-what has been formative to your faith journey?

-what parts of your story can God use to encourage others? What are the areas of healing? Restoration? Hope? Strength? Life? That He has imparted to you that you can share with others?

3. Get together with someone and exchange stories

-share your story - hear their story